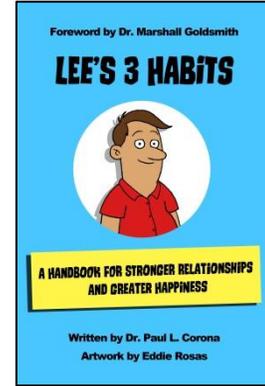


# Dr. Paul L. Corona

Leadership Coach and Professor  
Kellogg School of Management at Northwestern University

plcorona@lees3habits.com  
630-297-5120



## Lee's 3 Habits: A Workshop for Stronger Relationships and Greater Happiness

Let's be honest, most of us would like to be a little happier. It's a natural human desire. Unfortunately, it's also natural for us to do things that actually decrease our happiness. When interacting with others we tend to tell, talk and take too much. Telling, talking and taking don't make us happier – asking, listening and giving do. *Ask, listen* and *give*. These three simple habits strengthen our relationships with others, and stronger relationships (not more fame, fortune or achievement) are the real keys to greater happiness.

In this fast-paced, highly interactive, 90-minute workshop we'll:

- Identify our happiness levels
- Consider research
- Hear the story of Lee
- Practice habit #1
- Practice habit #2
- Practice habit #3
- Plan to move forward and stay on track
- Commit to one e-mail and one person

Dr. Paul L. Corona is a clinical professor of leadership in the Kellogg School of Management at Northwestern University, where his teaching and coaching ratings average 96/100. Paul is also the founder of the award-winning Lee's 3 Habits system, which helps motivated professionals and organizations build stronger relationships and achieve greater happiness – and he's the author of The Wisdom of Walk-Ons: 7 Winning Strategies for College, Business and Life. As a Leading Global Coach award winner, Paul was considered for the first Thinkers50 Marshall Goldsmith Coaching & Mentoring Award (the Thinkers50 Awards have been called "the Oscars" of management thinking). During the past 35 years, Paul has transformed himself from a business person into a performance improvement specialist. He previously held a variety of leadership roles in Fortune 500 corporations, a Big 4 accounting and consulting firm, and major research universities. Most importantly, Paul is a husband, parent and friend.